

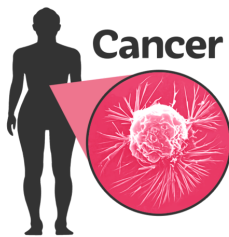
Cancer testing

PUBLIC HEALTH
KINGSTON
Healthier living, happier lives

Public Health Kingston want to make sure that everyone who needs a cancer test has one.



Cancer testing can also be called screening. Screening means checking healthy people for changes in their body that might be cancer.



There are 3 screening tests in England. People are invited to get screening for **cervical**, **breast** and **bowel** cancers when they get to the right age.

Cervical Cancer Screening



A **cervix** is inside the part of a woman's body down below. Men do not have a cervix and are not tested for cervical cancer.



If you are a **woman aged between 25 and 64 years old**, you will be invited to have a **cervical test** sometimes called a **smear test** every 3 to 5 years.



You can make an appointment to have a smear test at **your doctors or at some sexual health clinics**. You can also find out more about the smear test from your doctor.

Breast Cancer Screening



If you are a **woman aged between 50 and 70 years old**, you should be invited to have your breasts screened (checked using a machine) every 3 years.



You will be sent an appointment to check your breasts **from your local hospital**.

Bowel Cancer Screening



If you are a **man or a woman aged between 60 and 74 years old**, you should be invited to do a bowel cancer test every 2 years.



You can do a bowel cancer **test in your own home**. You will have a test kit sent to you with information about how to use it.

*your*healthcare

If you need help doing the test at home you can ask someone to help you. A nurse from **Your Health Care** is available to help people with a learning disability if they need it.



You should always talk about cancer testing at your annual health check. Your doctor will give you more information about the tests.



If you think you have missed out on cancer testing, you can get in touch with **Tony** by **telephone** at **07894 235685** or **email** at antoine.alhosri@kingston.gov.uk